## TAKE IT WITH YOU AS YOU GO!





## **GUIDING PRINCIPLES**

A COMPLIMENT IS SOMETHING NICE WE SAY TO SOMEONE ELSE.

WHEN WE COMPLIMENT OTHERS, LET'S CHOOSE WORDS THAT REFLECT THEIR INNER STRENGTH, THEIR SPECIAL TALENTS, AND THE INTEGRITY THEY DEMONSTRATE IN THEIR EVERYDAY ACTIONS. THIS MINDFUL APPROACH TO COMPLIMENTING CULTIVATES GENUINE CONNECTION AND LASTING POSITIVE IMPACT IN OUR RELATIONSHIPS.

## GIVING GOOD COMPLIMENTS PRACTICE MAY INCLUDE:

- USING OUR EYES TO LOOK THEIR WAY
  - (EX; LOOKING IN THE DIRECTION OF THE PERSON YOU MAY BE COMPLIMENTING)
- TELL THE PERSON THE "WHAT"
  - (EX; THAT WAS NICE OF YOU TO OFFER TO HELP CLEAN UP THE CLASSROOM MATERIALS.)
- TELL THE PERSON THE "WHY/HOW"
  - (EX; BECAUSE OF YOUR HELP WE WERE ABLE TO KEEP OUR LEARNING ENVIRONMENT CLEAN AND TIDY.)

To:	TAKE IT WITH YOU
From:	AS YOU GO: