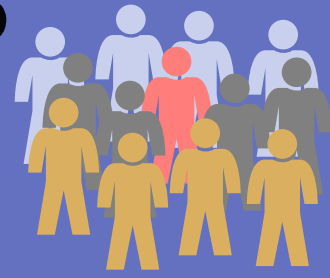




Common Trends & Unique Threads



Nurturing social bonds while
cultivating self-awareness.

Group Formation:

Organize participants into small pods (4-5) individuals.

Common Trends:

- Task your group with finding one thing that every participant has in common (ex: we all enjoy smoothies, we have all been outside of Canada, etc.)
- Encouraging openness, communication, collaboration, and working in unity.



Unique Threads:

- Now, challenge each participant to discover one unique or interesting thing about themselves that no other participant in their group shares in common.
- Encouraging serve and receive communication, promoting self concept, and individualism.

Discussion (optional):

- After completing both tasks in your group, come together as a larger group and discuss the common trends and unique threads that were discovered.
- Enriched perspectives and valued insights into others.
- Celebrating commonalities and individualities.

Extension opportunities

- Reshuffle participants
- Reflecting on Social context of communities

