

MASTERS

Self reflection



NAME:

DATE:

SCHOOL:

CLASS:

Have you ever felt a sense of mastery over something?

- What was it?
- How did you know you had achieved mastery?

Your Journey

What challenges did you endure on your path to mastery?

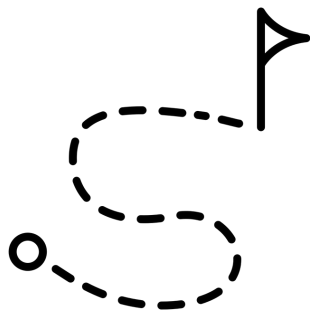
- How did you respond to frustration or setbacks?
- What motivated you to keep going when progress felt slow?

Perseverance & Dedication

What insights emerged from this experience?

- What sacrifices (time, effort, distractions) did you have to make?
- What are some of the key skills, attributes, and qualities you embraced?

Growth & Learning



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Looking ahead



Where do you seek future opportunities to grow and glow?

- What is one area in which you desire to achieve mastery?
- Why is this area important to you?

Future Pursuits

How will you develop the durable skills necessary for achieving your pursuits?

- What habits will you need to develop?
- How will you handle frustration when you don't see immediate results?
- What will perseverance look like for you in this journey?

The Masters' Mindset

Creative Challenge

- The Green Jacket at Augusta National symbolizes monumental achievement in golf. If you were to create a "Masters Jacket" for yourself, what symbols, colors, or words would represent your journey to mastery?
- Draw or describe your jacket and explain its meaning.

The Masters

Design a personal 'Masters Jacket' symbolizing your journey to mastery, detailing the meaning behind its colors, symbols, and words.

